



6 Week Courses July 8 - August 15

- Acro/Tumbling Classes
- Ballet, Pointe, and Pre-Pointe Classes
- Contemporary Classes
- Competition Classes
- Conditioning and Combos
- Commercial Jazz/Heels
- Hip-Hop Classes
- Jazz Classes
- Leaps, Turns, Flexibility Classes
- Tap Classes

Summer Camps and Intensives

➤ **ACRO/HIP-HOP LEVEL UP CAMP JULY 1, 2024**
THIS CAMP PROVIDES PURE ACRO AND HIP HOP TRAINING AND CHOREOGRAPHY. AGES 7-12 / 9AM-2PM

➤ **ONE DAY, FUN DAY SUMMER CAMP SERIES "CAMP DISNEY" WEDNESDAY, JULY 17, 2024**
AGES 4-7 / 9AM-12PM

➤ **ONE DAY, FUN DAY SUMMER CAMP SERIES "SUPERHEROS ACRO CAMP" WEDNESDAY, JULY 31, 2024**
AGES 4-7 / 9AM-12PM

➤ **ONE DAY, FUN DAY SUMMER CAMP SERIES "CAMP ENACNTO" WEDNESDAY, AUGUST 7, 2024**
AGES 4-7 / 9AM-12PM

➤ **BALLET BOOT CAMP AUGUST 14+15, 2024**
JR AGE 9+ (Levels 3+4) SR AGE 13+ (Levels 5+6) 9AM-12PM

➤ **MUSICAL THEATER CAMP, AUGUST 20, 2024**
JAM PACKED DAY OF ACTING, SINGING, AND THEATER DANCE
AGES 8+ 9AM-2PM

Summer Master Classes

- LATIN FUSION / VERONICA DRUCHNIAK
- CONTEMPORARY/JENN FINK
- LYRICAL/BREA PERDUE
- JAZZ/ SCOTT FOWLER
- ACRO/DREW BURGESS
- TURN LAB/NIKKI SAO PAUL
- DETAILS ELITE COACHING/INGRID DINICOLA YECORA
- TAP COLLAB/ ALEKSANDR OSTANIN/JASON BERNARD/TODD SHANKS

Additional guest list coming soon!

Summer Open Classes

➤ **"GUEST TEACHERS AND MASTER CLASS"**
SFLA offers a summer series of Drop-In Open Classes to the public for New England area dancers with different visiting guest artists. Dancers from all over New England come together to take part in this unique summer training opportunity.

Studio for the Living Arts (SLA) Dance Complex offers an extensive Summer Program for dancers of all ages and abilities. Our professional faculty and high energy atmosphere provides complete and personalized dance training.

Whether your goal for enrolling at SFLA Dance Complex is to stay active and dance as an extra curricular activity, or you dream of something bigger such as participating on a competition team or pursuing a dance education or professional career in the industry, we look forward to helping you reach your goals! If you are a serious dancer looking to refine your technique, we offer a comprehensive summer training program for all levels through a weekly series of classes, Intensives, Master Classes, and Children's Camps. Our summer program is open to all students from any studio or school. At SFLA we support all that wish to improve. If you have not taken class with us before, we will help place you in the right level and the right style to achieve your summer goals.

Our summer schedule has no shortage of creative and unique dance classes offering the opportunity to experience, experiment, and explore, the many different aspects of dance!

6 WEEK SUMMER SCHEDULE OF CLASSES BEGINS JULY 8 - AUGUST 15, 2024

MONDAY STUDIO #1	MONDAY STUDIO #2	MONDAY STUDIO #3	TUESDAY STUDIO #1	TUESDAY STUDIO #2	TUESDAY STUDIO #3	WEDNESDAY STUDIO #1	WEDNESDAY STUDIO #2	WEDNESDAY STUDIO #3	THURSDAY STUDIO #1	THURSDAY STUDIO #2	THURSDAY STUDIO #3
2:15-3:00pm Ballet 1 Adv. Beginner Age 6+ Grace		2:30-3:00pm Mini Movers Beginner Ages 2.5- 3+ Karen									
3:00-3:30pm Pointe Level 5 Age 13+ Grace	3:00-3:30pm Pre-Pointe Level 4 Age 11+ Kate	3:00-3:45pm Tap Level 1 Age 6+ Karen	2:45-4:00pm Ballet Technique Level 5/6 Age 14+ Kate	3:15-4:00pm Acro Level 2 Age 7-10 Pam			3:15-3:45pm* Company Rehearsals Pointe 6 Primary Production Elizabeth		3:15-4:00pm Acro Level 3 Age 9-12 Jalyn	3:30-4:30pm* Company Rehearsals Lyrical 6 Brea 3:30 Jazz 6 Fowler 4:00 Victoria	3:15-3:45pm* Company Rehearsals Lyrical 1 Michelle
3:30-4:30pm Ballet Level 5/6 Age 13+ Grace	3:30-4:30pm Ballet Level 4 Age 11+ Kate	3:45-4:30pm Tap Level 2/3 Age 8+ Karen	4:00-4:45pm "Barbie Party" Jazz Level 2 Age 7+ Abigail	4:00-4:45pm Acro Level 3 Age 9+ Pam		3:45-4:15pm Company Rehearsals Latin Production Level 6 Veronica/Victora	3:45-4:15pm Pointe Level 5 Age 13+ Elizabeth		4:00-4:45pm Contemporary Level 3 Age 9+ Abigail	4:30-5:30pm Contemporary and Jazz Level 6 Adv. Age 14 + Victoria	3:45-4:30pm Lyrical Level 1 Age 5-7 Michelle
4:30-5:15pm Leaps, Turns, Flexibility Level 4 Age 11+ Victoria	4:30-5:30pm Ballet and Pre-Pointe Level 3 Age 9+ Kate	4:30-5:15pm Ballet 2 Adv. Beginner Age 8+ Grace	4:45-5:15pm Company Rehearsals TBD Abigail	4:45-5:45pm Acro/Tumbling Level 4 Age 10+ Pam		4:15-5:15pm* Company Rehearsals Jazz 4 Primary 4:15 Lyrical 4 Brea 4:45 Victoria	4:15-5:15pm Ballet Level 5/6 Age 13+ Elizabeth	3:30-4:15pm Acro Level 1 Age 5-7 Jalyn	4:45-5:15pm* Company Rehearsals Contemporary 3 Abigail	5:30-6:30pm Leaps and Turns Level 6 Age 14+ Victoria	4:30-5:00pm Leaps, Turns, Flexibility Level 1/2 Michelle
5:15-6:00pm Industry Class Commercial Jazz Heels JR/TEEN Ages 11+ Victoria	5:30-6:00pm Pointe Adv. Level 6 Age 14+ Kate	5:15-6:00pm Hip-Hop Level 2 Adv. Beg Age 7-9 Amanda	5:15-6:15pm "Swift Moves" Jazz Level 3 Age 9+ Abigail	5:45-6:45pm Acro/Tumbling Level 5/6 Adv. Age 14+ Pam	5:45-6:45pm Hip-Hop Level 4 Age 12+ Amanda	5:15-5:45pm Company Rehearsals Jazz 5B Primary Victoria	5:15-5:45pm Pointe Level 6 Adv. Age 14+ Elizabeth	4:15-5:00pm "Be Our Guest" Dance Class Level 1 Age 5-7 Abigail	5:15-6:15pm Hip-Hop/Jazz Combo Level 1 Age 5-7 Abigail	6:30-7:30pm* Company Rehearsals Lyrical 6 Brea 6:30 Jazz 6 Fowler 7:00 Victoria	5:00-5:45pm Lyrical Level 2 Age 7+ Michelle
6:00-7:00pm Leaps, Turns, Flexibility Level 5/6 Age 11+ Victoria	6:00-7:00pm Ballet Adv. Level 6 Age 14+ Kate	6:00-7:00pm Hip-Hop Level 3 Age 9+ Amanda	6:15-7:15pm Leaps, Turns, Flexibility Level 3 Age 9+ Abigail	6:45-7:15pm* Company Rehearsals Acro Level tbd Drew/Pam		5:45-6:45pm Contemporary +Jazz Level 4/5 Age 11+ Victoria	5:45-6:45pm Progressing Ballet Technique "PBT " Age 12+ Elizabeth	5:00-5:30pm "Be Our Guest" Dance Class Beginner Age 3+4 Abigail	6:15-6:45pm* Company Rehearsals Lyrical 5 Brea/Abigail	7:30-8:00pm* Company Rehearsals Contemporary 6 Primary Victoria	5:45-6:15pm* Company Rehearsals Lyrical 2 Michelle
	7:00-8:00pm Hip-Hop Level 5/6 Adv. Age 15+ Amanda		7:15-8:15pm Conditioning and Combos Level 5+6 Age 14+ Abigail			6:45-7:45pm Ballet Level 4 Age 11+ Elizabeth	6:45-7:45pm Industry Class Commercial Jazz Heels Level 6 Adv. Age 15+ Victoria	5:30-6:30pm* Company Jazz1 Technique Jazz1 Rehearsals Abigail	6:45-7:15pm* Company Rehearsals Jazz 5APrimary Fowler/Abigail	8:00-8:30pm* Company Rehearsals Contemporary 6 Primary Victoria	6:15-7:15pm Lyrical Level 3+4 Age 9-12 Michelle
	8:00-8:30pm * Company Rehearsals Hip-Hop 6 GUEST TBD Amanda					7:45-8:15pm Pre-Pointe Pointe 1 Level 4 Age 11+ Elizabeth			7:15-8:15pm Contemporary + Jazz Level 5/6 Age 11+ Abigail		7:15-7:45pm* Company Rehearsals Lyrical 3 Primary Michelle

***Company**

**Rehearsal classes are by audition for our Competition Dance Program "Pulse Dance Company".
Please inquire if you have interest or wish to hear more about our Competition Program.**

6 WEEK SUMMER FEE SCHEDULE

July 8 - August 15, 2024

Add total hours per student.

10% sibling discount applies to multiple siblings

6WK SCHEDULE OF CLASSES Add total hours per student	TUITION 6 Week Session
30 minutes	\$65
45 minutes - 1 hour	\$95
1.25 - 2 hours	\$155
2 .25 - 3 hours	\$205
3.25 - 4 hours	\$245
4.25 - 5 hours	\$285
5.25 - 6 hours	\$315
6.25 - 7 hours	\$345
7.25 - 8 hours	\$370
8.25-9 hours	\$395
9.25+ = unlimited summer session*	\$410
Family Unlimited 6week summer session*	\$550
Private lessons (scheduled through the office)	\$30 half hour \$60 hour
SUMMER CAMPS & INTENSIVES	FEES
One Day, Fun Day Camps	\$57
Acro/Hip-Hop Camp 7/1/24	\$75
Musical Theater Camp 8/20	\$79
Ballet Boot Camp 8/14+ 8/15	\$135
The Tap Collab 4hrs. 7/16, 7/22, 8/8	\$90
Master Classes /Pop Ups/Open Classes	Fees vary per guest teacher

*Unlimited fees do not include dance camps, supplemental classes, intensives, or master classes, which are separate.

REGISTRATION is first come, first served. Many popular classes fill before June so we recommend registering early to secure placement in class. For full classes, please email us and we can recommend an alternate course. There is no registration fee for our 6 Week Summer Session of classes. Payment is due at the time of registration.

10% SIBLING TUITION DISCOUNT The sibling enrolled in the most classes is considered the first dancer. 10% will be deducted from the total cost of the second dancer's tuition. 10% Discount applies to multiple siblings. This discount does not apply to the family unlimited rate, private class fees, workshops, camps, master classes, or Pop-Up Drop-In classes.

REFUNDS: Absence from summer classes/camps is non-refundable, non-transferrable. There are no refunds for tuition, camps, master classes. Tuition is not prorated. Although we are unable to pro-rate tuition, students may take Advantage of making up any missed classes with another class offered over the Summer Session. *Please stop at the desk and inform the receptionist when you are making up a class.*

HOW TO REGISTER FOR SUMMER SESSION:

Registrations are accepted online or in-person at the studio.

ONLINE METHOD: To register online, select the "register for classes" link on our website and choose your desired courses from the "SUMMER SESSION 2024" class list. When you submit your registration, you will receive an email back from us indicating that your course selections have been received and they are "pending". This gives our faculty a chance to review your submission to be sure the requested class is age and level appropriate for your dancer.

If you are submitting your registration form online, payment is required at the time of submission to confirm your spot in class. For payment, we accept MC, Visa, and Discover. Once registered, you will have 24-hour access to your dance account. You can view charges and payments, as well as make payments online at any time. Once the classes are approved your credit/debit card will be charged for your summer courses. Please note that this is a one-time payment and we do not store your card on file for future payments unless you check the box that says "use for recurring billing". Once payment has been processed your online registration is immediately confirmed and a receipt will be emailed.

IN-PERSON METHOD: Register for your classes at the studio to pay by cash, check, or credit card. We have registration forms available, and staff waiting to help if needed. Payment will be due at the time of registration in order to finalize and secure your placement in class. Please note that our Summer Session office hours can vary. Feel free to contact us at studiofortheivingarts@yahoo.com to make an appointment time.

DANCE EDUCATION PROGRAM LEVEL PLACEMENT All classes are taught with proper terminology, conditioning stretches for flexibility, body awareness for appropriate ages and levels, and creatively challenged in a positive and caring dance environment. We place all children in classes according to skill, ability and improvement, rather than age. Please note: Age reference is merely for "new" student enrollment until instructor has properly observed student's ability. Our goal is to keep each class progressing together at a similar pace while paying attention to the slight mixed level that will naturally arise and change throughout the year.

CLASS LEVEL GUIDE:

Level 1 Beginner:

Basic fundamentals are introduced, including body alignment, vocabulary, and basic positions of the feet & arms.

Levels 2-3 Advanced Beginner /intermediate

Each level is structured to provide more Advanced training as the student is ready.

Levels 4-6 Inter. Advanced/Advanced

These Inter. Adv. and Adv. levels are the culmination of study and hard work. Students should possess 5+ years of recent and consistent training.

SUMMER CAMPS, INTENSIVES, EVENTS

ACRO/HIP-HOP LEVEL UP CAMP AGES 7-12: JULY 1, 2024, 9AM-2PM /FEE \$75

Get ready to mix up your summer dance with our Acro Certified instructor, Pam Collins-Stahle, and our Hip-Hop instructor, Amanda Preble! This Acrobatic and Hip-Hop inspired camp is for boys and girls ages 8-13 (broken into ability and age-appropriate groups). The camp provides pure Acro and Hip Hop training and choreography. Acro work will include walkover variations, partner work, tricks, and tumbling, then we switch gears with tons of Hip-Hop Choreography and Improv. The day ends with a demonstration for parents 1:30-2pm! This popular annual camp fills quickly so register early to save your spot. Students should wear any type of non-restrictive dancewear/clothing. Sneakers for Hip Hop /Bare Feet for Acro. Please pack a nut free snack, lunch, and a drink.

BALLET BOOT CAMP INTENSIVE: AUGUST 14+15, 2024 9AM-NOON/ FEE \$135

Extended ballet and pointe technique classes with alternating daily focus on pirouettes, allegro or adagio, along with Progressing Ballet Technique (PBT). Junior (age 9-12) and Teen/Senior (age 13+) SFLA Ballet Faculty: Elizabeth Avantaggio and Kate Smedal.

COUPLES NIGHT OUT – BEGINNER BALLROOM CLASS JULY 26, 6-8PM \$80

Beginner ballroom dancing social - Happy hour 6-7pm light refreshments & beer/wine will be served. 7-8pm ballroom dance class taught for couples.

JULIANNA D. PHOTOSHOOT FOR DANCERS AUG. 19th OLD PORT, PORTLAND, ME

SFLA Dance Complex is super excited to host a summer Mini-Session Photoshoot for dancers with Julianna D Photography! We will be "Takin it to the Streets" in the heart of the Old Port. Julianna has worked with SYTYCD, Dance Moms, NBC World of Dance, and numerous Broadway shows including The Music Man, Annie and Radio City Rockettes. Julianna D. is also a "Tiger Friday" Photography Partner. The shoot is open to all community dancers, and spots are limited, so follow the link to book your shoot now! <https://signup.com/go/jApCkUS>

MUSICAL THEATRE CAMP/ AGES 8+ /ONE DAY: AUGUST 20, 2024 /9AM-2PM / \$79

Our dynamic musical theater duo Pam Collins-Stahle and Kelly Fantigrossi are back to bring you a jam packed day of acting, singing and theater dance. The camp will culminate with a video montage which will be provided to the families. Students will be broken into groups by age/skill.

"ONE DAY FUN DAY" CAMPS 9AM-12PM /FEE \$57 PER CAMP

These action-packed half-day themed camps include dancing, tumbling, themed crafts and fun inspirational dance games. Please pack a nut free snack and a drink. Please let us know if your dancer has any food allergies. Students will be broken into ability and age-appropriate groups.

Wednesday, July 17th CAMP DISNEY Age 4-7

Wednesday, July 31th SUPERHEROS ACRO CAMP Age 5-7

Wednesday, August 7th CAMP ENCANTO Age 4-7

The TAP COLLAB 7/16,7/22, 8/8 \$90

Find your place in an inviting community of tap dancers this summer! Our visiting guest teachers have a passion for educating and guiding the next generation of tap dancers to advance their skill level and artistry. Offered for fast intermediate through advanced levels. 4hours of pure TAP!

TURN LAB WED. JULY 16, 1:45-3:15PM AGE 14+/ 3:15-4:30PM AGE 9+ \$35

Take your turns to the next level with Nikki Sao Pedro-Welch, Coordinator of Dance, Assistant Professor, and Head Coach of the Endicott College nationally ranked DanceTeam. Nikki will help you push beyond your limits as a dancer to become a successful turner. If you are on a dance team, competition team, or want to dance in college, TURN LAB is for you!

DETAILS ELITE COACHING, TUES., AUGUST 6 FOR 2 LEVELS , 1-4PM

We are very excited to host a conditioning and technique classes with Ingrid DiNicola Yecora. Spaces are limited/Open to ALL! Email us to book your slot: studioforthelivingarts@yahoo.com.

6 WEEK COURSE DESCRIPTIONS – CLASSES BEGIN JULY 8th

ACRO/TUMBLING CLASSES FOR BEGINNERS THROUGH ADVANCED Students learn a variety of skills including walkovers, flips, handsprings, aerials, and more. Additional focus is also placed on core strengthening exercises and increasing flexibility. Acro can be incorporated into dance, cheerleading and gymnastics. We are an Acrobatic Arts Certified studio.

BALLET/POINTE is essential to building a solid dance education. A classical form of dance which concentrates on barre, centre floor, proper body alignment, and technique. Pre-Pointe/Pointe work is available by teacher permission. Twice a week summer training is recommended for ballet levels 3-6. Pointe students must be enrolled in 2 ballet classes per week.

CONDITIONING AND COMBOS An extended conditioning series of exercises that will build strength and endurance. Classes end with a different combo each week.

"BE OUR GUEST" / AGES (3+4) and (5-7) This very popular children's summer class is a fun and educational course that covers a combination of dance styles, tumbling, and creative movement. Each week features a different live Princess character guest. Belle, and her visiting "guests" will include Frozen's Elsa, Cinderella, Moana, Jasmine, and Isabela from "Encanto". Register early, this class fills quickly!

COMPANY CLASSES Rehearsal/training classes for the studio's Pulse Competition Team. Acceptance by invitation or audition. For more information, or to request an audition, please contact the Complex. 2024 Interested Members Info. meeting is held 4/27. Auditions are held 5/5.

CONTEMPORARY is a style of expressive dance that combines elements of several dance genres, including modern, jazz, lyrical and ballet. Contemporary dance combines fluid dance movement and technique. At the Level 6, dancers are also exposed to jazz technique and various styles of jazz.

HIP-HOP Hip Hop originated as a form of street dancing. Our Hip Hop classes combine a warm up, grooves, across the floor combinations and a center combination. This class allows any dancer to let loose, find their individual style, & just have fun.

INDUSTRY CLASS (COMMERCIAL JAZZ HEELS) Industry Class features commercial jazz, a stylized combination of funk, hip-hop and jazz, similar to styles seen in music videos for Beyonce and Lady Gaga. Classes start out with a warm-up and weekly combinations that will fine tune your ability to pick up quickly, retain choreography, and perform like a professional! Footwear: class is often done in heels, anything you feel comfortable walking in: they can be 1 inch character shoes, stilettos, Latin heels, boots, booties, etc. Feel free to bring a couple different pairs to try.

JAZZ LEVEL 2 "BARBIE DANCE PARTY" Learn new jazz skills, walk the fashion runway, and get crafty! This class is designed to refine the foundational steps of jazz focusing on the basic jazz positions, turns, jumps, and leaps, and the Barbie theme adds some fun!

JAZZ LEVEL 3 "SWIFT MOVES" Join us for our 6 week summer session class "Swift Moves"! Pick your Eras outfit, bring your besties, and come party in style with Jazz 3 technique, Swiftie inspired music and combos, and trading friendship bracelets, add some Summer FUN.

JAZZ LEVELS 4-6 Class format consists of warm-up, stretches, Advanced level leaps, turns, and jump progressions across the floor, and choreography. Class material also places an emphasis on strength, flexibility, and control for more Advanced combinations and technique.

LEAPS, TURNS, FLEXIBILITY Class is geared towards helping the highly motivated dancer improve on their technique and skills of leaps and turns. Class focuses on technique and progressions for turns & leaps as well as core strength and flexibility.

LYRICAL Class is designed for dancers looking to grow and challenge themselves with technique, style, and artistry. A song's lyrics are a driving force and key inspiration for the movement. A solid ballet-based technique is an essential component of this style of dance as is various other forms of jazz and modern dance.

LATIN/FUSION Get ready to shake your hips in our Latin Fusion pop up classes! Veronica has been performing Latin and Ballroom on various cruise ships since 2018, and she is thrilled to bring this style to SFLA again this summer! Class begins with a brief overview of elements of Cha,Cha, Salsa, and Rumba, followed by across the floor work and a Latin Fusion combo. Please bring latin dance heels if you have them. Check back frequently as we hope to see this more than once over summer!

MINI MOVERS A great introduction to dance for our youngest enthusiasts and one of our most popular! This class will combine elements of beginner Ballet, Rhythmic Skills, and Dance Appreciation. Students will improve flexibility, learn the basic positions of classical Ballet, and explore creative movement in a fun, encouraging atmosphere.

SUMMER 2024 GUEST MASTER TEACHERS

JASON E. BERNARD/ TAP

Jason E. Bernard is a native New Yorker from The Bronx. At the age of 17, Jason made his Broadway debut in the Tony Award Winning musical *Bring in 'da Noise, Bring in 'da Funk*. One year later he returned to Broadway in the international dance phenomenon *Riverdance*. Jason made his feature film debut in the Spike Lee film *Bamboozled* as J. Bunny. He also had the honor to dance alongside Gregory Hines in the Showtime original television movie *Bojangles*. Jason was a part of the original company of "Cotton Club Parade" (*After Midnight* on Broadway) at City Center Encores! Jason is honored to perform and teach the art form of tap dancing all around the world. Jason's class offerings have included STEPS on Broadway, Broadway Dance Center, and he is currently on faculty and touring with L.A. Dance Magic (LADM Conventions).

DREW BURGESS/ACRO

Ohio native, Drew Burgess made his industry debut on Live with Regis during Amazing Kids Week. Upon relocating to California, he trained at L.A.'s best studios including EDGE, Millennium, Fusion, and the PAC Annex. Drew is highly sought after as a performer, choreographer, guest teacher, dance supervisor, & dance captain. Drew can be seen on teaching & adjudication panels for: Chicago National Association of Dance Masters, Dance Teachers Club of Boston, Dance Masters of America, and DEA. Drew is certified by test to teach through DMA & DEA in Ballet, Tap, Jazz, & Acrobatics and is an active member in both organizations. Drew is also proud to be Acrobatic Arts Certified (M1-M3) & part of their U.S. Division Staff of Course Conductors & Adjudicators. His credits include Radio City Rockettes, Taylor Swift, & The Baha Men, and Rasta Thomas' Bad Boys of Dance. Drew has also filmed several episodes of class content at CLI Studios in Los Angeles.

BREA COOK/ LYRICAL

Brea has trained with and assisted some of the top teachers and choreographers in the country including Mia Michaels, Stacey Tookey, John Crutchman, Dee Caspary and Doug Caldwell. Touring with regional ballet companies, and performing with choreographer, Dan Karaty (N'Sync, So You Think You Can Dance), Brea is well versed in all forms of dance. Brea can be seen in Disney hits such as Teen Beach Movie, High School Musical, and Shake it Up. She has danced in numerous commercials and industrials, appeared in the off-Broadway show, "Break The Floor" , performed at Walt Disney World and was also a semi-finalist on Season 2 of FOX's hit television show, "So You Think You Can Dance." Brea is currently on the Revel Dance Conventions faculty.

VERONICA DRUCHNIAK /LATIN

Veronica is a New York City based dancer, choreographer, aerialist, and musical theatre artist. She is a proud member of the Actors' Equity Association. Born and trained in ME, Veronica has an extensive background in ballet. She is proud of her work performing and creating with Safe Haven Ballet, a non-profit who provide free trauma-informed arts classes to survivors of sexual assault and domestic violence. Veronica has worked as a featured Latin and Ballroom dancer and as dance captain onboard the Queen Mary 2 and the Caribbean Princess, which gave her the opportunity to perform all over the world. Veronica is the current reigning Miss Maine, and competed for the title of Miss America 2024. She was honored to receive a Talent Award at Miss America for her aerial pointe act, Black Swan. She also holds a BA in Mathematics with a minor in Physics from the USM.

SCOTT FOWLER /JAZZ

Scott has performed on Broadway in six shows as well as two national tours.....his most memorable being JEROME ROBBINS BROADWAY, SWING and Twyla Tharp's MOVIN OUT. Feature films include ROCK OF AGES, GANGSTER SQUAD, GNOMEO & JULIET ,BEDTIME STORIES,THE PRODUCERS, GUESS WHO, GEORGE OF THE JUNGLE, INSPECTOR GADGET, MIGHTY APHRODITE and the best picture Oscar winner CHICAGO. Television appearances include BUNHEADS, SO YOU THINK YOU CAN DANCE, DANCING WITH THE STARS, GLEE, WILL & GRACE, SWINGTOWN, ELLEN, SUDDENLY SUSAN, CINDERELLA, TRACY ULLMAN-live and exposed, and the Tony Bennett TV Special AN AMERICAN CLASSIC. Scott also danced early in his career with the NEW YORK CITY BALLET. After a three year run dancing with CHER from Las Vegas to Moscow Russia, Scott is happy to be back home in Los Angeles. Scott is currently on faculty and touring with L.A. Dance Magic (LADM Conventions)

ALEKSANDR OSTANIN /TAP

Alek is from Odessa, Ukraine. There he is the founder of his studio, Ostanin Dance Centre, as well as the director of the Odessa Tap Festival. Alek is a 4x World Tap Dance Champion. In addition, he was the winner of So You Think You Can Dance season 1, Ukraine, as well as being the Top 10 male dancers of So You Think You Can Dance season 16, USA. Currently Alek is dancing and teaching in Boston,MA. Alek was the coach of the USA national tap dance team 2018 and 2019.

COURTNEY ORTIZ /JAZZ

Courtney Ortiz, a native of,Baltimore, MD. Her professional dance and teaching career has allowed her to travel the world performing in places such as: Dubai, Canada, Mexico, Spain, Germany, Australia and France. Her career credits include: Company Member with The Chase Brock Experience, Choreographer and Dancer on Youtube's hit web series "The Key of Awesome", Backup Dancer for PSY and Chris Brown on "The Today Show", Dancer for Heidi Klum on E! Network, and *The Radio City Christmas Spectacular* featuring The Rockettes, the International Tour of the classic musical West Side Story, 1st National Tour of Finding Neverland, and Lin Manuel Miranda's In The Heights. Courtney has toured as faculty with Revel, and Streetz Dance Conventions. Courtney is the founder of Impact Dance Adjudicators and the host of their dance podcast "Making The Impact". Courtney Ortiz is a regular Guest Teacher at STEPS on Broadway.

NIKKI SAO PEDRO-WELCH /TURN LAB

Take your turns to the next level with Nikki Sao Pedro-Welch. Nikki has been Coordinator of Dance, Assistant Professor, and Head Coach of the Endicott nationally ranked Dance Team for the past 15years. Nikki earned her MFA in Interdisciplinary Art from Goddard College with focus in Choreography and Dance Pedagogy, and an M.Ed in Arts in Learning from Endicott College and a B.A in Dance from Point Park University. If you are on a dance team, competition team, or want to dance in college, TURN LAB is for you!

TODD SHANKS/TAP

Todd is currently Program Coordinator for the Palladino School of Dance and a full time Artist in Residence at Dean College. He has been featured in Dance, Dance Spirit, Dance Studio Life, and Dance Teacher Magazines. Todd was on Faculty at Steps on Broadway in NYC for over a decade and he has been a guest teacher at the University of Florida, SUNY Brockport, Boston University, Skidmore College, ACDA New England, the Ailey Extension, Ballet Hispanico, and Boston Ballet School. His choreography has also been featured on "The View", ABC Nightly News, The MSG Network, and NYC's Carnival, Steps on Broadway's Faculty Performance, Making Strides Boston, Dean College: 50 Years of Gold, Yankee FanFest and "The Game is in Us" (a Nike spec commercial). Todd was recently booked to choreograph a New Line Cinema production.

INGRID YECORA/CONDITIONING AND TECHNIQUE COACHING

Ingrid is a product of Miami's finest magnet schools-Southwood Middle School and New World School of the Arts. She went on the dance ballet professionally among famous international ballet stars as Fernando Bujones, Marielena Mencia and Yanis Pikieris to name a few. Mrs. Yecora earned a BA in Dance Education from Florida International University and a Master's Degree in Educational Computing and Technology from Barry University. Many of her students have appeared in various tv shows such as Dancing with the Stars, So You Think You Can Dance, So You Think You Can Dance Kids, America's Got Talent, World of Dance and The Ellen Show. Mrs. Yecora is an educator first and believes in the importance of academics. She has helped many of her students to get into prestigious Dance programs throughout the nation, such as Juilliard, The USC Glorvia Kaufman School of Dance, SUNY Purchase, Pace University and Tisch School of the Arts. Ingrid Yecora is passionate about teaching and enjoys watching her students reach levels they themselves never imagined they could achieve. Follow on Instagram @Detailselitecoaching.

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PRIVATE LESSONS

One-on-one instruction can be scheduled with all instructors in all forms of dance, in ½ hr. or full hour sessions. Please complete a JOT FORM request to book your session <https://form.jotform.com/201733769898171>

THE DANCE COMPLEX: The fun and professional experience of attending Studio for the Living Arts Dance Complex begins with our state-of-the-art 6000 sq. foot facility which provides optimum conditions for dance training:

- 3 studios with raised wood floors and Marley floor coverings
- Mirrors and Full Practice Barres, Professional Sound Systems
- Dancewear sales featuring dancewear, tights, and dance shoes
- Spacious Student Lounge / Wifi/ Microwave/ Refrigerator
- Central Air-Conditioning, 3 Restrooms, Changing Room, Lockers

POWER OF POSITIVITY

We encourage our entire dance family to foster a positive environment and culture for our students. Our goal is for this responsibility to be shared, whether you are a parent, student, teacher or director. Be kind. Be supportive. Address concerns immediately. Get involved!

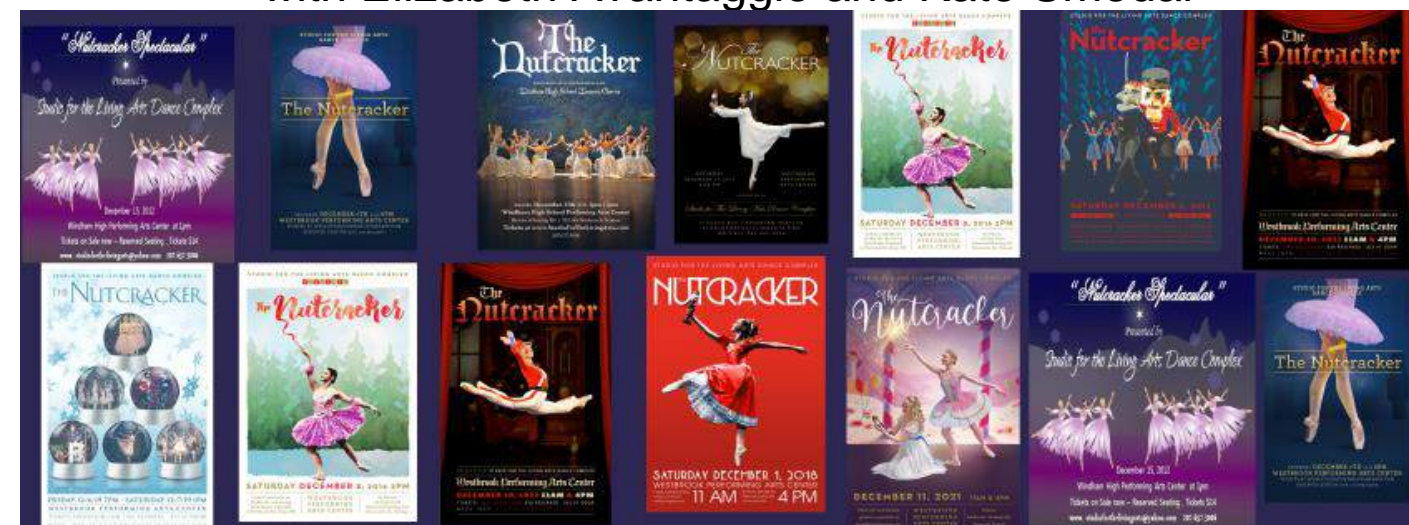
CONTACT US: (207)657-3006 Director, Susan Cloutier

E-mail as the preferred method of communication with teachers as they often have back-to-back classes. To email a faculty member or studio director, please use: e-mail: studiofortheivingarts@yahoo.com. Website address: www.studiofortheivingarts.com

DIRECTIONS: We are located in the Gray Shopping Plaza, 21 Portland Rd., Gray, ME. When using the interstate, use Exit 63 of the Maine Turnpike in Gray.

STUDENT DROP-OFF AND PICK-UP POLICIES While we care about your children, we are not a childcare facility. We are only responsible for our students during the time of their class with us. We are concerned about the safety of every individual that we teach, and we want everyone to maintain awareness of how to be safe when coming to and from classes. The safest situation is to park your vehicle and walk with your child into our lobby. We also suggest that you come into the lobby to pick up your child after class. Please make every effort to pick students up from the studio on time. In the case of an emergency or unavoidable delay, please contact the studio immediately via phone at 657-3006, to inform us of the situation so we can keep your child calm and safe until they can be picked up.

NUTCRACKER AUDITIONS COMING THIS FALL! with Elizabeth Avantaggio and Kate Smedal



Unique to a studio that isn't ballet exclusive, our students bring the magical tale of the Nutcracker to life at our annual full-length Nutcracker performance each December. Our Nutcracker audition dates are published late summer.

SAT. APRIL 27 @ 4PM

PULSE

INFORMATIONAL MEETING

STUDIO FOR THE LIVING ARTS
SFLA
DANCE COMPLEX

Find out more about our Pulse Competition Team training program. If you are planning to audition for the new 2024-25 season, or if you just want to hear more about our program and opportunities, this meeting is for you!

JOIN US FOR AN INFORMATIONAL MEETING FOR COMPETITION DANCE:

We plan to cover topics such as:

- Class Requirements
- Financials/Optional Fundraising
- Competition Overview
- Dance Convention Options
- Audition Info
- Q&A Session

We have Pulse Competition Teams for ages 5-18, with various levels of commitment, and we have opportunities to compete in:

- Ballet
- Pointe
- Tap
- Jazz
- Lyrical
- Contemporary
- Hip-Hop
- Musical Theatre
- Acro
- Latin

PULSE DANCE TEAM AUDITIONS ARE HELD MAY 5, 2024!

SUMMER SESSION DRESS CODE

Gender Non-Conforming, please mix and match from the below options in order to find dancewear that feels comfortable and productive for you to work in.

BALLET LEVELS I –VI Hair in a ballet bun, any solid color or print leotard, footed Ballet Pink tights worn over the feet, Pink ballet slippers (leather for levels 1+2 and canvas level 3+). Males: Black ballet slippers, Black pants/shorts, or any color male ballet tights, fitted t-shirt.

CLASSES AND CAMPS Solid or Print Leotard any color, fitted camisole, or crop tank top. Dance shorts, leggings. Males: Dance pants/shorts, fitted t-shirt. Long Hair secured with an elastic.

HIP-HOP Loose fitting, athletic type top and bottom and clean sneakers (not worn in off the street).

MINI MOVERS, CREATIVE MOVEMENT AND CHILDREN'S CAMPS Leotard (any solid color or print). Tutu/Skirt/Dance Shorts/Leggings. Tights optional. Leather ballet slippers or barefeet. Boys: Comfortable pants or shorts and t-shirt.

One Day Fun Day Summer Series!

Camp Disney

SFLA DANCE COMPLEX

Wed. JULY 17 9am-12pm Ages 4-7

Channel your inner Disney Prince or Princess with music, dance, and tumbling, with our live cast of Disney Characters. Fee \$57

www.studiofortheivingarts.com

One Day Fun Day Summer Series!

Dance and tumble to Encanto's award winning music with our live cast of Encanto family characters. Ages 4-7 Fee \$57

Camp Encanto

SFLA DANCE COMPLEX

Wed AUGUST 7 9am-12pm

www.studiofortheivingarts.com

One Day Fun Day Summer Series!

SUPERHEROS ACRO

Wed. JULY 31 9am-12pm Ages 5-7

SFLA DANCE COMPLEX

Join us for an exciting One Day Fun Day Camp with the incredible Miss Pam! This camp is perfect for boys and girls of all levels, whether you're just starting your acro journey or looking to refine your skills. Miss Pam's expertise and enthusiasm will surely save the day! Hero Training includes: Stunts & Tumbling, "Save The Universe" Obstacle Courses, and Hero Arts & Crafts!! Class fills quickly so don't miss this thrilling acro adventure! Fee \$57

www.studiofortheivingarts.com

"Be Our Guest"

JULY 10-AUG. 14

SFLA DANCE COMPLEX

Elsa Belle Moana Jasmine Cinderella Isabella

A combination of dance styles, tumbling, and creative movement. Each week features a different live Princess character guest. In addition to Belle, some of her visiting "guests" will include Frozen's Elsa, Ariel, Tinker Bell, Cinderella, Jasmine, Moana, and Encanto characters.

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JULIANNA D. PHOTOSHOOT

SFLA DANCE COMPLEX

August 19th

SFLA Dance Complex is super excited to host a Summer Mini-Session Photoshoot for community dancers with Julianna D Photography! This time we will be "Takin it to the Streets" in the heart of the Old Port. SIGN UP LINK FOR BOOKING YOUR SHOOT <https://signup.com/go/ShWBbQn>

LEVEL UP HIP-HOP AND ACRO CAMP

SFLA DANCE COMPLEX

JULY 1

DETAILS: age 7-12 9am-2pm Fee: \$75 Faculty: Pam Collins-Stahle Amanda Preble

SFLA DANCE COMPLEX

TO REGISTER: www.studiofortheivingarts.com

SFLA DANCE COMPLEX

IT'S A Barbie DANCE PARTY

Every Week!

CALLING ALL FASHIONISTAS!!! PUT ON YOUR BEST OUTFIT, GRAB YOUR BESTIE, & COME HAVE A BLAST WITH US THIS SUMMER! 6 WEEKLY JAZZ TECHNIQUE AND BARBIE INSPIRED CHOREOGRAPHY CLASSES TAUGHT IN A FUN, NON COMPETITIVE ATMOSPHERE.

TUESDAYS 4-4:45PM JAZZ, LEVEL 2, AGES 7+ YOU CAN BE ANYTHING!!! LEARN NEW JAZZ SKILLS, WALK THE FASHION RUNWAY, AND GET CRAFTY. JULY 9 - AUGUST 13, 2024

SFLA DANCE COMPLEX

www.studiofortheivingarts.com

"Swift Moves" Jazz 3 Class

SFLA DANCE COMPLEX

6 week summer session Jazz 3 class "Swift Moves"! Jazz technique, Swiftie combos, trading friendship Bracelets, and more. Tuesdays 5:15-6:15pm Ages 9+

SFLA DANCE COMPLEX

MUSICAL THEATRE SUMMER CAMP

SFLA DANCE COMPLEX

Pam Collins-Stahle Kelly Santigrossi \$79 ages 8+ 9am-2pm August 20, 2024

SFLADANCECOMPLEX

ANNABEL PHINNEY

OPEN CLASS HIP-HOP

5:00-6:00PM AGE 9+ JR 7:00-8:00PM- TEEN/SR

JUNE 26

SFLA DANCE COMPLEX

REG: WWW.STUDIOFORTHELIVINGARTS.COM \$18

monday JUNE 24

sfla alum COLLAB

SFLA DANCE COMPLEX

ANNABEL PHINNEY @clconservatory y3 AIDEN FORTIER @uncsadance 28 MORGAN HILTON @clconservatory y3 ZOE PAYSON @purchasedance 27

OPEN CLASS 4-6pm age 9+ 7-9pm age 14+

4 combos: contemporary+streetjazz 21 PORTLAND RD, GRAY \$22

SFLADANCECOMPLEX

MORGAN HILTON

OPEN CLASS STREETJAZZ

6-7PM AGE 9+ JR 7-8PM TEENS-ADULT

JULY 02

SFLA DANCE COMPLEX

REG: WWW.STUDIOFORTHELIVINGARTS.COM \$18

SFLADANCECOMPLEX
MASTERCLASS

DREW BURGESS

Acro

6/21
5:00-6:00PM
ADV. BEGINNER-INTER
LEVEL 2+3 AGE 8+

6:00-7PM
INTER. ADV-ADV.
LEVEL 4-6 AGE 13+

\$35

REG: WWW.STUDIOFOTHELIVINGARTS.COM



SFLADANCECOMPLEX
THE TAP COLLAB

JASON E. BERNARD

7/16
1:00-2:30PM AGE 14+
2:30-4:00PM AGE 9+

The TOP Collab

REG: WWW.STUDIOFOTHELIVINGARTS.COM



SFLADANCECOMPLEX
THE TAP COLLAB

ALEKSANDR OSTANIN

7/22
1:00-2:00PM AGE 9+
2:00-3:00PM AGE 14+

The TOP Collab

REG: WWW.STUDIOFOTHELIVINGARTS.COM



SFLADANCECOMPLEX
THE TAP COLLAB

TODD SHANKS

8/8
12:00-1:30PM JR/AGE 9+
1:30-3:00PM SR/AGE 14+

The TOP Collab

REG: WWW.STUDIOFOTHELIVINGARTS.COM



SFLADANCECOMPLEX
MASTERCLASS

BREA COOK

Lyrical

7/09
3-4PM AGE JR 8+
4-5PM AGE TEEN 12+

\$35

REG: WWW.STUDIOFOTHELIVINGARTS.COM



SFLADANCECOMPLEX
MASTERCLASS

SCOTT FOWLER

Jazz

STYLES

7/10
1:30-2:30 PM
AGE 8+ LV 2+3
2:30-3:30PM
AGE 12+ LV 4+

\$35

REG: WWW.STUDIOFOTHELIVINGARTS.COM



SFLADANCECOMPLEX
MASTERCLASS

NIKKI SAO PEDRO - WELCH

TURN LAB

JULY 16
1:45-3:15PM
AGE 14+
3:15-4:30PM
AGE 9+

Take your turns to the next level with Nikki Sao Pedro-Welch! Nikki has been Coordinator of Dance, Assistant Professor, and Head Coach of the Endicott nationally ranked Dance Team for the past 15 years. Nikki will help you push beyond your limits to become a successful turner. If you are on a dance team, competition team, or want to dance in college, TURN LAB is for you!

\$35

REG: WWW.STUDIOFOTHELIVINGARTS.COM



SFLADANCECOMPLEX
MASTERCLASS

VERONICA DRUCHNIAK

Latin fusion

6/26
3:30-5PM AGE 8+ JR
5-6:30PM AGE 14+ SR

\$35

REG: WWW.STUDIOFOTHELIVINGARTS.COM



SFLADANCECOMPLEX
MASTERCLASS

COURTNEY ORTIZ

Jazz

7/22
7-8PM AGE 7+ JR
8-9PM AGE 12+ SR

\$35

REG: WWW.STUDIOFOTHELIVINGARTS.COM



BALLET BOOT CAMP

August 14 +15, 2024

JR AGE 8+ (Levels 3+4)
SR AGE 13+ (Levels 5+6)
9am-noon / Intensive Fee \$135

Extended Ballet and Pointe classes with alternating daily focus on pirouette, allegro or adagio, along with Progressing Ballet Technique (PBT).

REG: www.studioforthelivingarts.com

Elizabeth Avantaggio, Kate Smedal

SUMMER SESSION
STUDIO FOR THE LIVING ARTS DANCE COMPLEX



CONTEMPORARY

JENN FINK

POPUP
TUES. 8/13
2:30-4PM JR
4-5:30PM SR

\$24

REG: WWW.STUDIOFOTHELIVINGARTS.COM



SFLADANCECOMPLEX
MASTERCLASS

INGRID YECORA

August 6

1:00-2:30PM SR
2:30-4:00PM JR/TEEN

For more information and/or to book your spot, contact the Complex @ studioforthelivingarts@yahoo.com open to all/spaces are limited

REG: WWW.STUDIOFOTHELIVINGARTS.COM

