

# SFLA MARCH NEWSLETTER

## JOIN US FOR APRIL VACA POP-UP CLASSES!

**APRIL VACA LETS GLO**  
**ACRO POP-UP**  
 STUDIO FOR THE LIVING ARTS  
**SFLA**  
 DANCE COMPLEX

**FRIDAY APRIL 19**  
**OPEN GYM \$18**  
*select course Pop-Up*  
 4:00-5:00pm Age 7+ Lv 2-4  
 5:15-6:15pm Age 11+ Lv 4-6

**PAM COLLINS-STAHLE**

**VACA POP-UP**  
**LATIN**  
**FRIDAY APRIL 19**  
 4:00-5:15pm AGE 8+  
 5:15-6:45pm AGE 14+

STUDIO FOR THE LIVING ARTS  
**SFLA**  
 DANCE COMPLEX

**VERONICA DRUCHNIAK**  
 REGISTER: [WWW.STUDIOFORTHELIVINGARTS.COM](http://WWW.STUDIOFORTHELIVINGARTS.COM) \$22  
*select course "pop-up"*

SFLADANCECOMPLEX GRAY SHOPPING PLAZA 21 PORTLAND RD. GRAY



## SFLA CALENDAR

- March 31, 2024 Summer Sessions Registrations Open
- April 15 -20, 2024 Spring Recess ~ No classes held
- April 27, 2024 Early Bird Recital Ticket Sales begin 12-3pm @SFLA
- April 27, 2024 Info. Meeting for Interested Pulse Comp Team 4pm
- May 5, 2024 Pulse Dance Company Auditions @ SFLA
- May 10-11, 2024 Picture Days/Pictures only no classes
- May 25-May 27, 2024 Memorial Day Recess ~ No classes held
- June 10, 2024 Dress Rehearsal WESTBROOK PAC ~ No classes held
- June 14, 2024 Last day of classes for the season
- June 16, 2024 "SIMPLY THE BEST" 32nd Recital Westbrook PAC
- July 8, 2024 6 Week Summer Session of Classes Begin

# RECITAL COSTUMES

We still have some costumes with April ship dates that have not arrived. We also have costume exchanges for size that will be coming in over the next 4 weeks. Please check in at the desk if you are waiting for an exchange.

## CALLING ALL DADS!



*searching for a few good men*

**@ SFLADANCECOMPLEX**

**DADS DANCE / RECITAL 2024**

VICTORIA PERREAULT 8 CHOREOGRAPHY CLASSES BEGINNING APRIL 8 MONDAYS 7-8pm *NO CLASS 4/15, 5/27 Course Fee \$45	RECITAL DATE 6/16/24 2 SHOWS HELD @ WESTBROOK PERFORMING ARTS PERFORMANCES 10AM + 12PM
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**register for class :**  
[www.studiofortheivingarts.com](http://www.studiofortheivingarts.com)  
select class "DADDANCE"

### RECITAL TICKETS -MARK YOUR CALENDARS!!!

April 27 EARLY BIRD RECITAL TICKET SALES BEGIN 12-3 pm  
(\$15 PER TICKET +\$2 City of Westbrook PAC Fee) TOTAL \$17

EARLY BIRD DATES: Sat. April 27, 2024 - May 4

May 5-June 14, REGULAR PRICE RECITAL TICKET SALES (\$20 per ticket,  
+2 City of Westbrook PAC Fee ) TOTAL \$22 PER TICKET

Tickets on sale during office hours.

June 16, Recital Tickets at the Door \$25



Pulse Dance Company, formerly called “Full-FX”, was founded 32 years ago with just 8 passionate and talented dancers. Today Pulse is one of the largest and longest running youth/teen training programs and performance/competition dance companies in our region. Today, the company consists of 90 dancers from over 15 different towns and cities.

**INFORMATIONAL MEETING FOR COMPETITION DANCE:**

We plan to cover topics such as:

- Class Requirements
- Financials/Optional Fundraising
- Competition Overview
- Dance Convention Options
- Audition Info
- Q&A Session

We have Pulse Competition Teams for ages 5-18, with various levels of commitment and we have opportunities to compete in every style of dance:

- Ballet
- Pointe
- Tap
- Jazz
- Lyrical
- Contemporary
- Hip-Hop
- Musical Theatre
- Acro
- Latin

We look forward to seeing you and we are always thrilled at the thought of adding to our Pulse Dance Team family!



Our Summer Brochure link will be e-mailed this weekend! The registration portal opens Monday, April 1. Reminder, popular classes fill quickly, so be sure to register early. If you are an existing SFLA student, please register for your current level class for summer session. Our faculty evaluates over summer for Fall placements.

Families that are new to SFLA or for current students who wish to enroll in a new style of dance, please email us to let us know prior experience if applicable.

We look forward to a fantastic summer of dance!

Susan and faculty

*What's Next, coming soon ??*

SFLA

RECITAL HANDBOOK